



Smile

Tripartism is in OCC's DNA!

SPORT

1st Tripartite Golf Friendly 1994

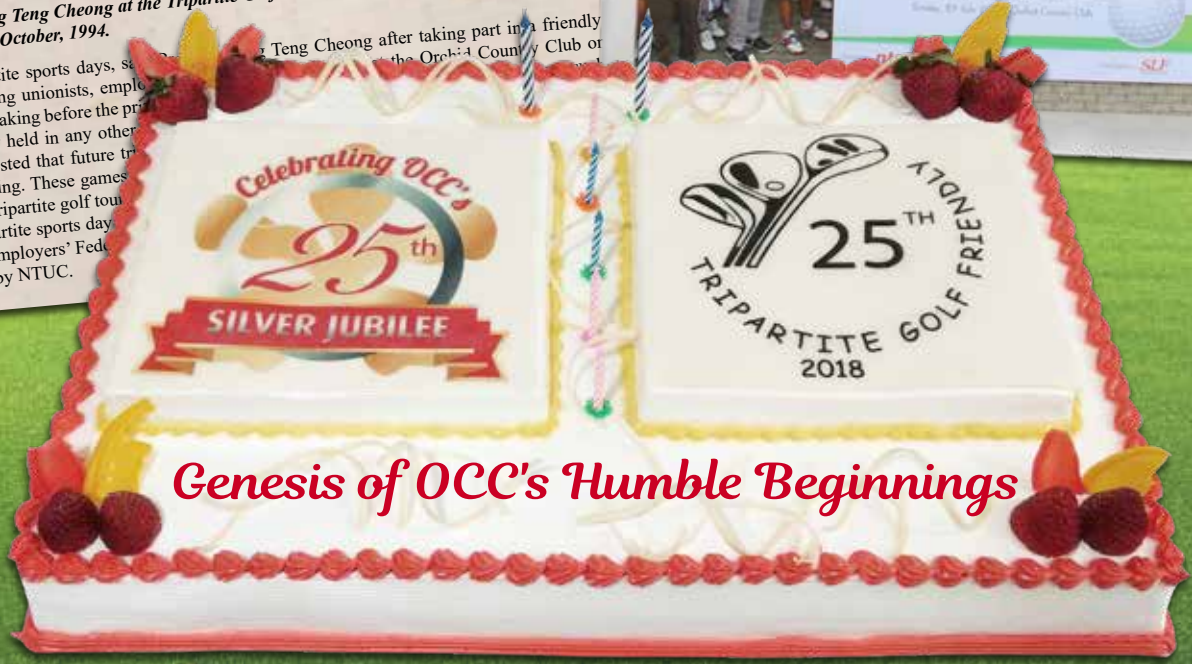


President Ong Teng Cheong at the Tripartite Golf Tournament at Orchid Country Club on Sunday 9 October, 1994.

HAVE tripartite sports days, sports competition among unionists, employees and employers on 9 October. Speaking before the first tripartite golf friendly held in any other country, President Ong Teng Cheong suggested that future tripartite sports days should include tennis and swimming. These games can be organised by the tripartite sports days committee. National Employers' Federation (NEF) and National Unionists' Federation (NUF) are organised by NTUC.

C8 SPORT

25TH TRIPARTITE GOLF FRIENDLY 2018



Genesis of OCC's Humble Beginnings

GOLF

CLUB CAPTAIN & LADY CAPTAIN'S CUP
23 SEPTEMBER 2018 (SUN)

SPORTS

25TH SUPER SPRINT SERIES
22 SEPTEMBER 2018 (SAT)

F&B

OKTOBERFEST
6 OCTOBER 2018 (SAT)



Service With A Smile

Going The Extra Mile For You



Fabian Tan Fei Pheng
Senior Sales Manager
(MICE & Convention Services)

With an amiable and people-oriented personality, Fabian takes charge of major private events held in the Club and works closely with clients to iron out details of their functions, thus delivering guest service at its best.



Carol Yew Jia Er
Golf Admin Executive

Dependable and armed with good communication skills, Carol meticulously attends to golf booking requests and reciprocal arrangements, on top of her commitment to the coordination of Golf events in the Club.



Steven Phang Liang Pane
Technical Executive

Adept at his field of expertise, Steven provides AV support, attends to daily engineering operational matters and ensures that the Club's facilities and equipment are kept in good working condition.



Sharon Ong Ah Geok
Social & Recreation Facilitator

With a penchant for managing events, Sharon mainly takes charge of swim events and is competent in ensuring that members and guests enjoy a smooth and seamless event experience.



Kelvin See
Purchasing Executive

Being well-organised and resourceful, Kelvin helps to source for quotations and handles the acquisition of goods and services as required by the Club.



Varukatty Allapitchay Mohamed
Resort Officer

Patient and good-natured, Varukatty demonstrates the epitome of the Club's culture of excellent customer service as he greets and serves all hotel guests with a warm smile and the utmost service quality.

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Club General Committee

President	Mr Chong Kee Hiong
Vice President & Captain	Mr Yeo Khee Leng
Treasurer	Mr Vincent Fong
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Members	Mr Chng Chee Beow Mr Chua Bor Jern Ms Eileen Yeo Mr Lim Eng Lee Ms Rita Lau
Secretary	Mr Richard Foo

Club Management

General Manager	Mr Richard Foo
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Golf Course Superintendent	Ms Christine Chungbhivat
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Head of Human Resource	Mr Charlie Goh
Head of Marcom & Membership	Ms Joanne Ng
Head of Housekeeping	Ms Margaret See
Head of IT	Mr Foo Teck Xian
Head of Property & Maintenance	Mr Alan Chua
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GOLF ◀

GOLF REGISTRATION COUNTER
7:00am to 7:00pm daily (Extended hours till 9:00pm when there is night golf)

TEE OFF 18-HOLE
7:07am to 8:59am (Mornings)
12:01pm to 1:53pm (Afternoons)
4:27pm to 5:58pm (Thursdays, unless otherwise stated)

TEE OFF 9-HOLE
7:07am to 8:59am (Weekday mornings)
4:27pm to 5:16pm (Daily)

CHANGING ROOM
7:00am to 9:00pm (Mon to Wed)
7:00am to 11:00pm (Thu)
7:00am to 9:00pm (Fri)
6:00am to 9:00pm (Sat, Sun & PH)
*Female Changing Room available from 11.00am on 1st and 3rd Monday of the month

DRIVING RANGE
7:00am to 11:00pm (Tue to Sun)
12:00pm to 11:00pm (Mon)

**DK DELIGHTS
(ARANDA HALFWAY HOUSE)**
8:00am to 5:30pm (Daily)

**FATELICIOUS SNACK HOUSE
(DENDRO HALFWAY HOUSE)**
8:00am to 5:30pm (Daily)

GOLF PERFORMANCE 360
Tel: 6481 0398
1:00pm to 9:00pm (Mon)
8:00am to 9:00pm (Tue to Fri)
8:00am to 7:00pm (Weekends & PH)

PAN-WEST
Tel: 6752 3110
7:00am to 9:00pm (Daily)

PING
Tel: 6481 5669
Closed on Mondays
2:00pm to 9:00pm (Tue to Fri)
9:00am to 5:00pm (Weekends & PH)

F&B ◀

HIMAWARI JAPANESE RESTAURANT
Tel: 6834 3313
Lunch: 11:45am to 2:45pm
Dinner: 5:45pm to 10:00pm

MY LITTLE CAFÉ
1:00pm to 11:00pm (Daily)

PAR LOUNGE
Tel: 6750 2204
2:00pm to 12:00 midnight (Sun to Fri)
2:00pm to 1:00am (Sat)

PEACH GARDEN @ OCC
Tel: 6759 3833
Lunch: 11:30am to 2:30pm (Mon to Fri)
Dinner: 5:30pm to 10:00pm (Mon to Fri)
Lunch: 10:00am to 2:30pm (Sat, Sun & PH)
Dinner: 5:30pm to 10:00pm (Sat, Sun & PH)

PEACH GARDEN @ THE GREEN
Tel: 6754 3313
Closed on Mondays
4:00pm to 10:30pm (Tue to Fri)
11:00am to 10:30pm (Sat, Sun & PH)

ROYALE CAFÉ
Closed on Mondays
10:00am to 7:00pm (Tue to Fri)
9:00am to 8:00pm (Sat & Sun)

ROYAL PALM @ OCC
Tel: 6555 2165
Lunch (Buffet): 12:00pm to 2:30pm (Daily)
Dinner (Buffet): 6:00pm to 10:30pm (Daily)
Ala Carte: 12:00pm to 10:30pm (Daily)

SUBWAY
Tel: 6482 7942
9:00am to 9:00pm (Daily)

VANDA TERRACE
(operated by NTUC Foodfare)
Tel: 6750 2200
7:30am to 10:00pm (Daily)
*Last order at 9:30pm

SUPERMARKET ◀

NTUC FAIRPRICE
9:00am to 10:00pm (Daily)



FACILITIES ◀

ARANDA LOUNGE
Tel: 6750 2121
12:00pm to Midnight (Sun to Thu)
12:00pm to 1:00am (Fri & Sat & Eve of PH)

ASIA GYMNASTICS & DANCE ACADEMY
Tel: 8777 3313
9:30am to 9:00pm (Daily)

AUDIOLINE
Tel: 6756 5585
10:00am to 8:00pm (Daily)

CHILDREN'S OUTDOOR PLAYGROUND
7:00am to 7:00pm (Daily)

FUNPOOL & BUNKER POOL
7:00am to 9:00pm (Daily)

GYMNASIUM
7:00am to 10:30pm (Daily)

HEALING TOUCH – MASSAGE AND SPA
Tel: 6759 0752
11:00am to 10:30pm
Last appointment at 9:00pm

LITTLE SKOOL-HOUSE
Tel: 6759 0393
7:00am to 7:00pm (Mon to Fri)
7:00am to 2:00pm (Sat)

MAHJONG ROOMS
12:00pm to 11:00pm (Sun to Thu)
12:00pm to 12:00 midnight (Fri, Sat & Eve of PH)

MUSIC FOR YOUNG CHILDREN SINGAPORE
Tel: 6100 0306
4:00pm to 9:00pm (Thu & Fri)
9:00am to 5:00pm (Sat)
9:00am to 12:00pm (Sun)

OLYMPIC POOL
7:00am to 9:00pm (Daily)

ORCHID BOWL
Tel: 6759 4448
10:00am to 1:00am (Mon to Thu, Sun & PH)
10:00am to 3:00am (Fri, Sat & Eve of PH)

ORCHID LODGE
24 hours

ORCHIS PAVILION – PHOTO STUDIO
Tel: 6222 3602
9:00am to 8:00pm (Daily)

PLAY FIT @ OCC
Tel: 9299 8537
11:00am to 9:00pm (Mon to Sun)

POP INSTITUTE
Tel: 6346 5155
9:00am to 6:00pm

READING/TV CORNER
9:00am to 11:00pm (Sun to Thu & PH)
9:00am to 1:00am (Fri, Sat & Eve of PH)

TENNIS COURT
7:00am to 10:00pm (Daily)

FUTSAL COURTS
Tel: 9185 2555
8:00am to 11:00pm (Daily)



DEAR MEMBERS & FRIENDS,

This issue is a special one for us as we remember our roots and humble beginnings and the purpose of our existence as we celebrate Orchid Country Club 25th Silver Jubilee.

When OCC was first mooted and spearheaded by our late NTUC Secretary-General (from 1983 to 1993), Brother Ong Teng Cheong, he made it clear that golf and country club facilities must not be exclusive to the senior management, but should be made accessible and affordable to ordinary workers and their families.

That was not all. Brother Ong had in mind the revolutionary idea of a country club, complete with golf courses, for ordinary workers. Golf was then still considered a 'high class' game that not all could afford. Some at that time could not believe their ears and did not think it could be done. They were proved wrong. By all accounts, Brother Ong, more than any other person, ensured that the vision of OCC became a reality.

But OCC is more than just an affordable recreation facility. The Club is today a tangible symbol of the successful tripartite relationship Singapore has enjoyed over the years. OCC is a tribute to the contribution of the unions, employers and the government in building a successful Singapore.

OCC is an embodiment of all that tripartism stands for in Singapore, and a symbol that workers share the fruits of Singapore's success. OCC was built in 1993 with the collaboration of the unions, employers and government which showed the strength of tripartite cooperation in Singapore and the strong support of all those who stepped forward to purchase memberships.

Over the years, OCC has become an important place not only for members but also for our workers, union members and employers to interact and bond with one another. OCC is also the venue for the annual Tripartite Golf Friendly. Such informal interactions help build harmonious and strong tripartite relations, which remain critical to Singapore's global competitiveness.

OCC will continue to improve its facilities and services to keep up with the times so that it can remain a recreation venue of choice for members as well as our workers, union members, employers and their families.

As Singapore evolved from a third to a first world economy with dynamic growth and development made over the last five decades, our working people have also steadily progressed from blue-collar to PMETs today. Industrial and labour management across all sectors has also undergone tremendous changes to cope with heightened competition

from abroad, aging and shortage of labour supply, and renewed needs for training and upgrading of skill sets in preparation for the new and emerging needs and demands of the new economy; and changing expectations and hiring qualifications of organisations from SMEs to MNCs.

The significance and contribution of our Tripartite partners become even more critical and relevant to ensure the competitiveness, productivity and efficiency of our local workforce.

The need for more frequent and informal dialogue amongst Tripartite partners becomes a reality as they work tirelessly from their satellite desktops to eventually make a commitment to come together under "one-roof" at OCC and dedicate every Wednesday despite their busy schedule to commit to an engagement in Tripartism over a friendly game of golf in the wee-hours of the morning and discussion over breakfast. Wednesday Tripartite golfers sacrifice sleep to come to the golf course to tee off before 6am, so that they do not get in the way of the daily operations of the Club. The programme also generates some revenue from an asset otherwise not used at this early hour.

With the support of the Labour Movement family, government ministries and corporations, many events such as conferences, seminars, workshops, courses and meetings are held at OCC. The Club has benefitted from this strong patronage that has raised its profile and is now moving to the next level as the Hub for Tripartism.

We recently saw the annual Tripartite Golf Friendly taking place at OCC on Sunday, 29 July 2018, which also marked the 25th Anniversary of Tripartism in OCC. And we look forward to the next annual Tripartite Golf Friendly taking place next year at OCC.

Warmest Regards,
YEO KHEE LENG
Vice President and Captain



You are special at Orchid!





Roof Replacement at Recreation Clubhouse Walkway, Level 1

We are pleased to share that replacement works were carried out from July to August and the roof at the walkway along the Gym to the Lifestyle Studio (Level 1 of the Recreation Clubhouse) has been nicely replaced. The beams were also given a fresh coat of paint. This is part of the Club's continuous efforts to serve you better and we hope that it will bring you a more enjoyable experience.

Welcoming New Members

We are delighted to extend a warm welcome to our new members to the Orchid Family!

MR AMIT GULATI	MR LIM CHEE KEUN
MR ANG CHUAN GEN	MR LIM TENG MENG
MR ANG JIEYUAN	MR LIM YONG SING RAYMOND
MR CHEN TECK LIONG	MR LING CHENG KUAN HENRY
MR CHEW YONG SAN	MR LOW TECK DEE
MR CHOI SANG CHEOL	MR SIM WEI XIAN ANDREW
MR CHUAH MOOI KIAK	MR SONG LYE HOCK
MR FONG KONG LEONG	MDM TAN JOO EE
MR GOH TING KOK	MR TANG MUN WAH
MR HUANG YONGQUAN	MR TAY BENG CHAI
CAPT LEE CHEE SEONG	MR PETER TAY WEE PENG
MR LEE KWAN SIANG @ LEE LYE SWEE	MR TANG MUN WAH
MR LEE THENG KHIN	MR YAP SUNG KUANG

Fond Farewell

Meanwhile, we wish our former members all the best in their future endeavours and we look forward to serving them again.

MR ANDREAS HANDAYANTO	MDM LEE OOI KIM
MR CHIA NANG SENG	MDM LEE PAI LOO LUCY
MS CHUA SOK KEOW ALICE	MDM LIM BEE LAN
MR CHUO SING KWONG	MS LUM LAI KUEN
DR DESMOND RODNEY LIM CHIN SIONG	MR NG TIAT SENG
MR FUJIWARA HIROTADA	MR PHANG SENG PUT
MR JONG WEU TENG	MR SIM AI TAT LOUIS
MR KHOO KIEN LIM	MR SOH YIP THIAN
MR KOH TIONG CHWEE	MR TAN KAI MING
MR KUO CHAO HSIANG	MR TAY BENG KIONG
MR LEE CHEW LOH	MDM TENG KWEE BUAY
MDM LEE KIM ME	MR WONG PAK YIN KENNETH

Rare Tiger Orchids in Full Bloom

Rare and beautiful Tiger Orchids were spotted blooming in the Club in July 2018! Spotted in front of Orchid Lodge, these majestic Tiger Orchids are yellow coloured with maroon/dark red spots. As the world's largest Orchid plant, this magnificent species only flowers once every few years. The Tiger Orchid blooms were last spotted in the Club in 2013.

So come snap a photo of them while you can!



25th Tripartite Golf Friendly Sunday, 29 July 2018

Representatives from the Government, Union and Employer sectors turned up for the 25th Tripartite Golf Friendly on 29 July 2018, which was jointly organised by the Ministry of Manpower, National Trades Union Congress (NTUC) and the Singapore National Employers Federation (SNEF). This year's Tripartite Golf Friendly is especially significant, as it coincides with Orchard Country Club 25th Silver Jubilee. The first Tripartite Golf Friendly that was held on 9 October 1994 was organised under the proposal of the then-Prime Minister Goh Chok Tong, who felt strongly for the objective of developing good fellowship amongst the tripartite partners through a friendly game of golf. Since then, the Club has gradually progressed in the last 25 years to become the hub for tripartism and it is now an important venue for unions, employers and the government to interact and build strong and amicable relations with one another.

This year, a total of 192 golfers partook in this annual event. Participants gradually arrived to collect their T-shirts and goodie bags as the registration opened. At 12noon, the Guest-of-Honour, Emeritus Senior Minister Goh Chok Tong



Above, left to right: President of SNEF, Dr. Robert Yap; Secretary-General of NTUC, Ng Chee Meng; Emeritus Senior Minister, Goh Chok Tong; Chairman of NTUC ARU Board of Trustees & Advisor to NTUC Training Council, Lim Swee Say.

was warmly received and welcomed by key Tripartite Leaders and representatives from the Organising Committee. The Club was indeed honoured to have ESM Goh gracing this special event! After the registration, all the golfers were served a light Taiwanese-style lunch at the Emerald Suite to start the day right before teeing off at 1pm for the 18-hole golf game that was played at all three golf courses, Vanda, Dendro and Aranda. We were blessed with sunny skies that Sunday afternoon!

After an exciting and challenging day of golf, all participants were treated to a sumptuous dinner at Sapphire Suite. Everyone bonded with each other over a traditional Chinese sit-down dinner and drinks. Jokes and laughter were shared and it was clear that there was a great sense of camaraderie among the participants and guests that evening.

Secretary-General of NTUC, Ng Chee Meng and ESM Goh addressed the diners with their welcome speeches, with ESM Goh paying tribute to Former Vice-President of NTUC and past UWEEI General Secretary, the late Brother Cyrille Tan, for his many years of great contribution to Tripartism. Mr Cyrille Tan had made an unsurpassable mark in emceeing for the past 24 years of Tripartite Golf Friendly. During the prize presentation, trophies were presented to the winners from the Union, Employer and Government sectors by President of SNEF, Dr Robert Yap; Minister for Manpower, Josephine Teo and NTUC SG Ng respectively, while the top 15 lucky draw prizes were given out by President of NTUC, Mary Liew. Towards the end of the evening, ESM Goh presented the Challenge Trophy to Dr Yap who represented the Overall Champion Team – Employer sector, scoring a total of 368 points! To jointly celebrate Tripartite Golf Friendly in its 25th year and the Club's 25th Silver Jubilee, representatives from the three sectors and OCC went up on stage for a memorable and historic cake-cutting ceremony.

The 25th Tripartite Golf Friendly definitely ended on a rewarding note – with good rapport established and close and harmonious relationships built among the Tripartite partners!



(Left to right) Club VP & Captain, Yeo Khee Leng; Chairman of MPA, Niam Chiang Meng; CEO of HPB, Zee Yoong Kang; CEO of e2i, Gilbert Tan.



(Left to right) CEO (International) of Surbana Jurong, Teo Eng Cheong; CEO of NTUC Fairprice, Seah Kian Peng; Assistant Secretary-General of NTUC, Patrick Tay; Permanent Secretary for MTI, Loh Khum Yean.



(Left to right) Minister of State in MND & MOM, Zaqq Mohamad; Club President, Chong Kee Hiong; SNEF Council Member, Jonathan Asherson; Immediate Past Vice President of SNEF, Bob Tan.



ESM Goh (top) paying tribute to Former Vice-President of NTUC and past UWEEI General Secretary, the late Brother Cyrille Tan (bottom).



Photo Credit: NTUC



Mrs. Josephine Teo (left) with the winner from Employer sector, Mr. Jonathan Asherson (right).



Brother Ng Chee Meng (left) with the winner from Government sector, Mr. Tan Kok Heng (right).



Ms. Mary Liew (left) with the lucky draw 1st prize winner, Mr. Jack Chua (right).



Dr. Robert Yap (right) with the winner from Union sector, Mr. Lim Eng Lee (left).



ESM Goh Chok Tong (left) presenting the Challenge Trophy to President of SNEF, Dr. Robert Yap (right) from the Overall Champion Team – Employer sector!



Brother Ng Chee Meng giving his welcome speech.



ESM Goh (4th from right) with OCC Team.

Genesis of OCC and Tripartism How it all began...

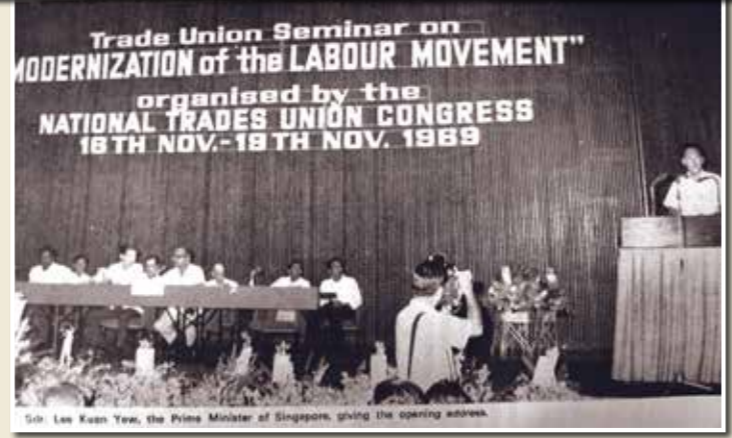
Twenty-five years ago, the government had the foresight to recognise the importance of tripartism. The good relations among the three sectors: government, union and employers, play an important part in ensuring peace in Singapore, social development as well as progress of the economy. With this great foresight, we also saw the birth of Orchid Country Club, which helped the relationship of the three sectors to flourish, facilitating tripartism. It also gave the people of Singapore a sense of inclusiveness and that 'workers share the fruits of Singapore's success'.

"Over the years, OCC has become an important place for our workers, union members and employers to interact and bond with each other. The OCC is also the venue for the annual Tripartite Golf Friendly. Such informal interactions help build harmonious and strong tripartite relations, which remains critical to Singapore's global competitiveness."

~ Emeritus Senior Minister, Goh Chok Tong

"Since the inception of OCC, apart from the Annual Tripartite Golf Friendly being held every year to this date, another programme that got kickstarted back then was the Wednesday Tripartite Golf. This programme brought tripartite leaders together every single week in the wee hours of Wednesday mornings for a 9-hole golf game followed by breakfast before participants broke off and returned to their respective offices for the start of their business day. As the SG then, I truly appreciate the strength of this programme because tripartite leaders supported the programme whole-heartedly, many taking up golf for the first time just to participate. More importantly, the weekly casual golf game followed by breakfast together allowed us to discuss issues of the day, and if there were no burning issues, just being able to socialise get us very much closer together. I have used the social occasion to discuss with business or union leaders privately on some difficult issues. And these were resolved without fuss and fanfare. To this day, Wednesday Golf is well subscribed by tripartite leaders, and has been particularly helpful for new entrants into the leadership of the respective tripartite partners to get to know each other better and achieve the same level of bonding and trust that is so important in Tripartism in Singapore. After 25 years, I am still an active participant in Wednesday Golf together with many other pioneer leaders, as well as new leaders."

~ Former Secretary-General of NTUC, Lim Boon Heng



"All three parts of the [Tripartite] relationship coming together tonight is amplified by all of you having fun together, building the trust, without regard to winning or losing today. We know that Tripartism is here to stay because we treat each other with trust, with care; we know that we want the best for our country and therefore we will ensure that our employer and workers are in a proper equilibrium."

~ Secretary-General of NTUC, Ng Chee Meng



To commemorate the opening of all three golf courses, a ceremony was held on 28 October 1995 with guest-of-honour former NTUC Secretary-General Lim Boon Heng (right).



"Even though golf has traditionally been regarded as the activity of only the well-to-do, our vision for OCC is to make golf a game where employers and employees stand on par, so to speak, in enjoying facilities which are affordable for all."

~ Former Secretary-General of NTUC, Lim Swee Say



"The seeds of partnership have been planted not just between the employer and the employee who is represented by the unions; but also with the government. OCC is a reminder of the strength of this tripartite partnership which has seen us through many difficult times. In the current call for increased productivity to ensure our economy continues to grow, and for us to live better lives, it is all the more critical for tripartite partners to stay together and strive for closer collaboration. OCC continues to provide the ideal platform for this to happen."

~ Former President of SNEF, Stephen Lee



Presidents Gather On The Green

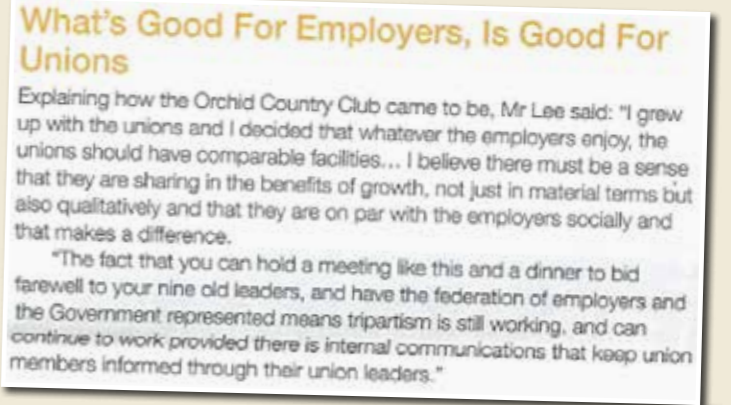
Orchid Country Club was honoured to have not one, but two Presidents playing on the course on Wednesday, 6 March 1996. President Ong Teng Cheong and former President, Dr Wee Kim Wee were joined by Dr Hsu Tse-Kwang (Club President), Dr Chew Beng Keng (Captain), Mr Chandra Das, Mr Cheong Wing, Mr Ha Kian Guan and Mr Phua Tin How.



Former NTUC President Oscar Oliveiro delivering a speech during the first tripartite golf friendly held on 9 October 1994.

"Industrial peace and harmony actually require a lot of hard work, there must be trust among the three parties – the Employer, the Government and the Union. This trust cannot be built overnight; you have to not only start with the right footing, you also have to nurture it at all times. Tripartite golf friendly is a fantastic platform to build good friendships and camaraderie among all three parties, so that we can talk, understand where we are all coming from and find a middle ground. With a middle ground, we can communicate better and things can be resolved in an amicable way where everybody benefits. It's like a balancing act."

~ President of SNEF, Dr. Robert Yap





SPECTACULAR HIGHLIGHTS OF THE SECRETARY-GENERAL'S CUP 2018

Sunday, 8 July 2018



All set to head out for an exciting golf game!



(Left to right) Chairman of Tripartite Alliance Limited, Stephen Lee; Greens Committee Member, Emmanuel Lem; Club President, Chong Kee Hiong; Club VP & Captain, Yeo Khee Leng; Secretary-General of NTUC, Ng Chee Meng; President of SNEF, Dr. Robert Yap; Minister for Health, Gan Kim Yong and Chairman of NTUC ARU Board of Trustees & Advisor to NTUC Training Council, Lim Swee Say.



Golfers enjoying a smashing day of friendly golf game with their fellow kakis!



Secretary-General of NTUC, Ng Chee Meng toasting to long-lasting camaraderie together with the dinner guests.



Secretary-General of NTUC, Ng Chee Meng (6th from left) with Club President, Chong Kee Hiong (5th from left) and OCC Team.

OCC and Union Members came together for the annual Secretary-General's Cup 2018 to enjoy a friendly game of golf. This year's tournament received overwhelming response of 228 participants. It was a significant one with the new Secretary-General, Ng Chee Meng joining in for his first SG Cup event. The golfers teed-off in zest and comradeship and strong bonds were forged. Everyone was in high spirits all through the day as the golfers created wonderful memories with one another while revelling in delectable food and drinks. We would like to thank everyone for your overwhelming support in making this event a remarkable success!



Secretary-General of NTUC, Ng Chee Meng (left) receiving the SG Challenge Trophy from Club President, Chong Kee Hiong (right) on behalf of the Champion Team NTUC.



Team NTUC Winner (Vanda/Aranda) Mr. Steven Woo (DBSSU) (right).



Team OCC Winner (Vanda/Aranda) Mr. K. Sreerangan (right).



Team OCC Winner (Dendro/Vanda) Mr. William Koh (right).

Bright & Bold Ladies Open 2018

Wednesday, 1 August 2018

The OCC Ladies Open 2018 on 1 August 2018 was off to a cheery start as 150 ladies teed off at the Aranda and Vanda courses, all dressed up to the theme in brightly coloured attire. After a day of golfing under warm sunshine, everyone adjourned to the Jade Foyer for a Chinese sit-down dinner. Tables and chairs were specially adorned with brightly hued sashes, befitting the theme of this year's event, Bright & Bold. All the ladies were radiating with smiles as they eagerly took part in a series of games and entertainment, dancing the night away to the melodious music played by the band.

Special thanks to Natural Cool Holdings Limited and Singapore Ladies Golf Association for being the hole-in-one sponsors, bSoul for their health-friendly sunscreens, Healing Touch for providing 10-minute shoulder massage and Studio Glamour Pte Ltd for providing their Biboting beauty healthcare services to all participants at the Changing Room after the game, LUXASIA Pte Ltd for sponsoring the Happy Draw hamper, as well as all the many other corporate and individual sponsors for making this event a resounding success!



Exuberant ladies teeing off in splendid and bold colours!



Lady Captain, Maureen Goh (left) with Overall Champion, Charissa Goh (right).



Vice-Captain, Ted Wong (left) with A1 Division Winner, Gigi Lim (right).



Greens Committee Member, Emmanuel Lem (right) with Norlia Embong (left), Best Dressed to the Theme on the Course Winner.



Club VP & Captain, Yeo Khee Leng (left) with Lucky Draw 1st Prize Winner, Jina B Auger (right).



Relishing the food and drinks, and dancing to the rhythm of the night.

National Day Golf 2018 in Celebration of Singapore's 53rd Birthday

Thursday, 9 August 2018

On Thursday, 9 August this year, the Vanda and Aranda courses were filled with splashes of red and white as 126 golfers teed off in celebration of Singapore's 53rd birthday. The National Day Golf game kick-started with everyone singing proudly to the National Anthem as the flags were raised, followed by the recital of the pledge to celebrate the nation's success and renew our pledge to be one united people. After a friendly game played with gusto, the day continued in high spirits as golfers tucked into a special National Day buffet lunch at Emerald Suite.



Preparing for the flag-raising and pledge-taking.



Posing with bright smiles on National Day!



From left to right - (1st row) Advisor for SISEU, Lim Kuang Beng; CEO of NTUC Link, Sandeep Bhalla; Club VP & Captain, Yeo Khee Leng; Director of SLF Leisure Enterprises, Lee Suan Hiang; Mr. Kwek Chee Kian; and OCC Member, Oh Koh Chuan. (2nd row) GC Member, Lim Eng Lee; Lady Captain, Maureen Goh; and Greens Committee Member, Emmanuel Lem.



Greens Committee Member, Emmanuel Lem (right) with Best Dressed Lady Golfer, Dily Ng (left).



Best Dressed Male Golfer, Ted Wong (left).



Vice-Captain, Ted Wong (left) with Winner of Men's Division, Lim Ah Bah (right).



Lady Captain, Maureen Goh (left) with Winner of Ladies' Division, Angela Sim (right).



Club VP & Captain, Yeo Khee Leng (left) with Lucky Draw 1st Prize Winner, Connie Tay (right).

JULY 2018 MONTHLY MEDAL RESULTS

Trophy presented by Lady Captain, Maureen Goh
STROKEPLAY (14 JULY 2018)



MR. LOH HONG HOO

DENDRO / VANDA

RESULTS FOR MEN'S 'A' DIVISION (H'CAP 11.4 & BELOW)

BEST GROSS	MR. LOH HONG HOO	(8.8)	79 GROSS
WINNER	MR. FRANCIS ONG	(7.0)	72 NETT OCB
RUNNER UP	MR. OH HOEN KUN	(10.9)	72 NETT OCB
BALLSWEEP (1ST NINE)			
WINNER	MR. LOH HONG HOO	(8.8)	31 NETT
BALLSWEEP (2ND NINE)			
JOINT WINNERS	MR. E MAARAN	(6.9)	37 NETT
	MR. FRANCIS ONG	(7.0)	37 NETT
	MR. OH HOEN KUN	(10.9)	37 NETT
	MR. LOH HONG HOO	(8.8)	37 NETT



MR. STEPHEN LEONARD TCHEAU

RESULTS FOR MEN'S 'B' DIVISION (H'CAP 11.5 - 16.0)

BEST GROSS	MR. STEPHEN LEONARD TCHEAU	(13.4)	81 GROSS OCB
WINNER	MR. KWAN HOON PARK	(13.4)	65 NETT
RUNNER UP	MR. LEE CHAI CHEW	(15.5)	67 NETT
BALLSWEEP (1ST NINE)			
WINNER	MR. LEE CHAI CHEW	(15.5)	30 NETT
BALLSWEEP (2ND NINE)			
WINNER	MR. STEPHEN LEONARD TCHEAU	(13.4)	32 NETT



MR. JEREMY KWAN

RESULTS FOR MEN'S 'C' DIVISION (H'CAP 16.1 - 24.9)

BEST GROSS	MR. JEREMY KWAN	(16.9)	87 GROSS
WINNER	MR. WONG HI LOK JOE	(17.3)	69 NETT OCB
RUNNER UP	MR. TEO KEE MENG	(17.4)	69 NETT
BALLSWEEP (1ST NINE)			
WINNER	MR. KUMAZAKI YUSUKE	(19.9)	30 NETT
BALLSWEEP (2ND NINE)			
WINNER	MR. WONG HI LOK JOE	(17.3)	34 NETT



MS. CHENG FONG KIEW

RESULTS FOR LADIES' DIVISION (H'CAP 36.9 & BELOW)

BEST GROSS	MS. CHENG FONG KIEW	(18.8)	91 GROSS
WINNER	MS. LIM SIEW LAN	(19.2)	71 NETT
RUNNER UP	MS. MARGARET YEOW	(17.1)	73 NETT
BALLSWEEP (1ST NINE)			
WINNER	MS. MARGARET YEOW	(17.1)	34 NETT
BALLSWEEP (2ND NINE)			
WINNER	MS. CHENG FONG KIEW	(18.8)	31 NETT

AUGUST 2018 MONTHLY MEDAL RESULTS

Trophy presented by Handicap Committee Member, Jasper Lim
STABLEFORD (11 August 2018)



MR. AMIT GULATI

ARANDA / VANDA

RESULTS FOR MEN'S 'A' DIVISION (H'CAP 11.4 & BELOW)

WINNER	MR. AMIT GULATI	(9.9)	39 PTS OCB
1ST RUNNER UP	MR. IRVYN TAN	(8.3)	39 PTS
2ND RUNNER UP	MR. STEPHEN LEONARD TCHEAU	(9.4)	38 PTS OCB
BALLSWEEP (1ST NINE)			
WINNER	MR. AMIT GULATI	(9.9)	19 PTS
BALLSWEEP (2ND NINE)			
JOINT WINNERS	MR. STEPHEN LEONARD TCHEAU	(9.4)	20 PTS
	MR. AMIT GULATI	(9.9)	20 PTS



MR. NG TECK CHEW

RESULTS FOR MEN'S 'B' DIVISION (H'CAP 11.5 - 16.0)

WINNER	MR. NG TECK CHEW	(12.0)	39 PTS
1ST RUNNER UP	MR. TAN TIEN SENG	(15.6)	35 PTS OCB
2ND RUNNER UP	MR. JOSEPH SAMY	(14.4)	35 PTS
BALLSWEEP (1ST NINE)			
JOINT WINNERS	MR. NG TECK CHEW	(12.0)	21 PTS
	MR. JOSEPH SAMY	(14.4)	21 PTS
BALLSWEEP (2ND NINE)			
WINNER	MR. TAN TIEN SENG	(15.6)	20 PTS



MR. KUMAZAKI YUSUKE

RESULTS FOR MEN'S 'C' DIVISION (H'CAP 16.1 - 24.9)

WINNER	MR. KUMAZAKI YUSUKE	(20.0)	42 PTS OCB
1ST RUNNER UP	MR. KWAN FOOK CHUEN JEREMY	(16.3)	42 PTS
2ND RUNNER UP	MR. CHENG KANG LIM	(18.1)	40 PTS OCB
BALLSWEEP (1ST NINE)			
WINNER	MR. KWAN FOOK CHUEN JEREMY	(16.3)	21 PTS
BALLSWEEP (2ND NINE)			
WINNER	MR. KUMAZAKI YUSUKE	(20.0)	22 PTS



MS. LOO LEE BUI LINDA

RESULTS FOR LADIES' DIVISION (H'CAP 36.9 & BELOW)

WINNER	MS. LOO LEE BUI LINDA	(17.6)	44 PTS
1ST RUNNER UP	MS. JANET TAN	(26.2)	40 PTS
2ND RUNNER UP	MS. MARGARET YEOW	(17.0)	36 PTS
BALLSWEEP (1ST NINE)			
WINNER	MS. LOO LEE BUI LINDA	(17.6)	23 PTS
BALLSWEEP (2ND NINE)			
WINNER	MS. LOO LEE BUI LINDA	(17.6)	21 PTS

ESCAPE THE SAND EVERY TIME

Are you having problems escaping the bunkers?



Golf ball positioned off left heel and bearing weight on the left leg

The position of your golf ball and how you set up to hit a shot are key to ensuring your golf ball gets out of the bunker. Position the golf ball off your left heel with your weight favouring your left leg. This will allow you to get the golf club striking down into the sand, compressing the sand and sending your golf ball out of the bunker on a cushion of sand.



Scooping

Compressing the sand



Article contributed by our new tenant
Golf Performance 360 @ OCC Driving Range

Golf Performance 360 is established with one goal in mind – to bring the best possible golfing experience to every new or existing golfer. GP360 aims to achieve this through their offering of a unique combination of expert coaching, state-of-the-art coaching devices, club fitting support from PING and engagement in golfing events that bring like-minded coaches and golfers in Singapore together.

For more information, contact them at 6481 0398 / 9137 1336.

OCC-U Golf 9-Hole Night Series

18 AUGUST 2018 | ARANDA STABLEFORD

RESULTS FOR MEN'S DIVISION (HI 24.0 & BELOW)		
WINNER	MR DANIAL RASIKIN	28 POINTS
1 ST RUNNER UP	MR KEVIN LEE	23 POINTS OCB
2 ND RUNNER UP	MR ROYSTON JALLEH	23 POINTS

RESULTS FOR LADIES' DIVISION (HI 36.0 & BELOW)		
WINNER	MS JASLINE NEO YOKE CHENG	20 POINTS



Senior Manager of U Sports, NTUC Club, Mr. Eric Lee (left) with Winner of the Men's Division, Mr. Danial Rasikin (right).



1st Runner Up of the Men's Division, Mr. Kevin Lee (left).



2nd Runner Up of the Men's Division, Mr. Royston Jalleh (right).



Winner of the Ladies' Division, Ms. Jasline Neo (left).

Oktoberfest GOLF CHALLENGE

SATURDAY, 6 OCTOBER 2018

Refer to back cover for dinner details.

- Time** : 1:30pm (Shotgun Start)
- Format of Play** : System 36 (Stableford)
- Eligibility** : Gold, Silver, Corp Union/MGK and Guest
- Entrance Fees** : \$68 (Gold)
\$138 (Silver)
\$158 (Corp Union/MGK)
\$238 (Guest)

Registration Opens : Wednesday, 5 September 2018
Register By : Wednesday, 26 September 2018

Fees include green fee, buggy fee, dine-in buffet dinner ticket (inclusive of one complimentary mug of draft beer for adults), and are subject to prevailing GST.

Terms & Conditions Apply.



- Nearest the Oktoberfest Flags - All par 3s
- Nearest the Oktoberfest Pork Knuckle - V1
- Nearest the Oktoberfest Sausage - D3
- Best-Dressed Award in Golf Course - 1 Man & 1 Lady

For enquiries and registration, please call Golf Department at 6750 2102/111 or email golfregistration@orchidclub.com

CLUB CAPTAIN & LADY CAPTAIN'S CUP 2018

Sunday, 23 September
1:30pm (Shotgun start)

Format	: Strokeplay
Divisions	: Men's Division (HI 24.9 & below) Ladies' Division (HI 36.9 & below)
Eligibility	: Gold, Silver, WTGM, Corp Union and Affiliate Members
Entrance Fee	: \$30
Green Fee	: \$70 (Silver Member) \$80 (Corp Union & Affiliate Member) \$160 (WTGM)
Buggy Fee	: \$25
Registration Opens	: Wednesday, 22 August 2018
Closing Date	: Thursday, 13 September 2018

All fees are subject to prevailing GST and include luncheon and dinner (free flow of beer during dinner).
The Club reserves the right to form flights and pair participants for the event.

MORE BALL REWARDS WITH MORE BALL HITS PROMOTION

From now till **31 October 2018**, a minimum of **150 balls** purchased will give you an additional **20 FREE balls to play!**

Terms & conditions:

- Redemption of range balls is only available on the same day of practice at the Range office and cannot be redeemed on other days.
- Range ball redemption ends at 10.30pm.
- OCC reserves the right to alter the benefits and conditions of this offer at any time without prior notice.

WEEKDAYS
(6pm to 10.30pm)
**WEEKENDS &
PUBLIC HOLIDAYS**
(7am to 10.30pm)

SPOT THE WHITE BALLS & TOP UP \$40 TO ENJOY 50% MORE BALLS!

VALID TILL
31 OCTOBER 2018

Spot the **WHITE balls** during your practice at our Driving Range and **redeem 50% more balls** with minimum top-up of \$40 to your OCC Range Card.

In addition, stand to win **instant prizes like Golf Vouchers, Titleist ProV1x golf balls and more!**



START THE WEEK RIGHT!

GOLF
at OCC

MONDAY TO FRIDAY
MEMBERS' GUEST RATE



3 SEP – 30 NOV 2018

\$108 NETT PER PAX

MORNING SESSION (UP \$133.75 NETT)
AFTERNOON SESSION (UP \$155.15 NETT)

COMPLIMENTARY

\$20

F&B VOUCHER
PER FLIGHT OF 4 PAX

Terms & Conditions

- Valid from Monday to Friday (morning & afternoon sessions only).
- The promotion is applicable only for accompanied guests who play 18 holes for the period from Monday, 3 September to Friday, 30 November 2018, excluding public holidays.
- Minimum of 1 member & 3 guests in each booking per flight is required.
 - Member must be present for the game.
- This promotion is not applicable with other discounts or promotions.
 - No rain check will be given once golfer has teed-off.
- Bookings can be made 7 days in advance and subject to availability.
- OCC reserves the right to amend the terms and conditions at any time without prior notice.

For enquiries and bookings, please contact our **Golfing Department** at **6750 2102 / 2111** or email golfregistration@orchidclub.com



3 SEP – 30 NOV 2018
MONDAY TO FRIDAY

VISITORS' SPECIAL

COMPLIMENTARY \$20 F&B VOUCHER
PER FLIGHT OF 4 PAX

4 to GOLF 3
FOR THE PRICE OF

\$168 NETT PER PAX

MORNING SESSION (UP \$160.50 NETT)
AFTERNOON SESSION (UP \$187.25 NETT)



Terms & Conditions

- Valid from Monday to Friday (morning & afternoon sessions only).
- The promotion is applicable only for visitors who play 18 holes for the period from Monday, 3 September to Friday, 30 November 2018, excluding public holidays.
 - Minimum of 4 visitors in each booking per flight is required.
- This promotion is not applicable with other discounts or promotions.
 - No rain check will be given once golfer has teed-off.
- Bookings can be made 5 days in advance and subject to availability.
- OCC reserves the right to amend the terms and conditions at any time without prior notice.

For enquiries and bookings, please contact our **Golfing Department** at **6750 2102 / 2111** or email golfregistration@orchidclub.com



Key Events for September:

- Monthly Medal (Saturday, 8 September)
- Bowling Monthly Medal (Saturday, 8 September)
- Club Captain & Lady Captain's Cup (Sunday, 23 September)

SEPTEMBER

Key Events for October:

- Oktoberfest Golf Challenge 2018 (Saturday, 6 October)
- Oktoberfest Dinner (Saturday, 6 October)
- Monthly Medal (Saturday, 13 October)
- Bowling Monthly Medal (Saturday, 13 October)
- OCC Greensome Game (Saturday, 20 October)

OCTOBER

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>Legend:</p> <p> - School Holiday</p> <p> *(CGE) - Corporate Golf Events</p>			 Club Captain & Lady Captain's Cup Sunday, 23 September 2018		1 Social Dance Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving	2 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving
3 Sim Han Hoon Dance Class KpopX Fitness	4 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	5 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness	6 SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics *CGE	7 Dance Practice Night Taekwondo Taijiquan Kickboxing *CGE	8 Monthly Medal Social Saturday – Mid-Autumn Special Bowling Monthly Medal Social Dance Night SIG – OCC Black 8 Yoga Aikido (Adults & Kids) Functional Training Scuba Diving	9 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving
10 Sim Han Hoon Dance Class KpopX Fitness *CGE	11 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving *CGE	12 Sim Han Hoon Dance Class SIG – Orchid Bulls Functional Training Zumba Gold Zumba Fitness	13 Rummy-O Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	14 Social Dance Night Taekwondo Taijiquan Kickboxing	15 Line Dancing Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving 1 st Round Handicap Matchplay Championship OCC-U Golf 9-hole Night Series	16 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving 2 nd / Final Round Handicap Matchplay Championship
17 Sim Han Hoon Dance Class KpopX Fitness *CGE	18 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	19 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness	20 Sim Han Hoon Dance Class SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	21 Social Dance Night Taekwondo Taijiquan Kickboxing *CGE	22  25 th Super Sprint Series Social Dance Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving	23  Club Captain & Lady Captain's Cup Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving
24 Sim Han Hoon Dance Class KpopX Fitness *CGE	25 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	26 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness *CGE	27 Sim Han Hoon Dance Class SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	28 Scratch-It-To-Win-It Night Social Dance Night Taekwondo Taijiquan Kickboxing *CGE	29 Dance Practice Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving	30 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving *CGE

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 Sim Han Hoon Dance Class KpopX Fitness *CGE	2 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving *CGE	3 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness	4 Sim Han Hoon Dance Class SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	5 Social Dance Night Taekwondo Taijiquan Kickboxing	6  Oktoberfest Golf Challenge 2018 Oktoberfest Dinner Dance Practice Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving	7 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving
8 Sim Han Hoon Dance Class KpopX Fitness *CGE	9 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	10 Sim Han Hoon Dance Class SIG – Orchid Bulls Functional Training Zumba Gold Zumba Fitness	11 Rummy-O Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	12 Social Dance Night Taekwondo Taijiquan Kickboxing *CGE	13 Monthly Medal Social Saturday Bowling Monthly Medal Social Dance Night SIG – OCC Black 8 Yoga Aikido (Adults & Kids) Functional Training Scuba Diving 1 st Round Club Championship	14 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving
15 Sim Han Hoon Dance Class KpopX Fitness	16 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	17 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness	18 Sim Han Hoon Dance Class SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics	19 Dance Practice Night Taekwondo Taijiquan Kickboxing *CGE	20 OCC Greensome Game Line Dancing Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving OCC-U Golf 9-hole Night Series	21 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving *CGE
22 Sim Han Hoon Dance Class KpopX Fitness	23 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving	24 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness	25 Sim Han Hoon Dance Class SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics *CGE	26 Scratch-It-To-Win-It Night Social Dance Night Taekwondo Taijiquan Kickboxing	27 Social Dance Night SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Scuba Diving 2 nd Round Club Championship	28 Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Final Round Club Championship
29 Sim Han Hoon Dance Class KpopX Fitness *CGE	30 SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Scuba Diving *CGE	31 Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness *CGE				

OCC SOCIAL & RECREATION WEEKLY PROGRAMMES

DANCE



Social Dance Nights

Aranda Lounge
7:30pm to 1:00am
Every Fri and Sat

Dance Practice Nights

Aranda Lounge
7:30pm to 1:00am
7 Sep & 29 Sep
6 Oct & 19 Oct



Sim Han Hoon Dance Class

Aranda Lounge
Mon, 8:00pm to 9:30pm
Wed, 8:00pm to 9:30pm
Thu, 8:00pm to 9:30pm

FITNESS



Yoga

Lifestyle Studio
Sat, 9:00am to 10:00am



Zumba Fitness

Lifestyle Studio
Tue, 7:30pm to 8:30pm
Wed, 7:00pm to 8:00pm
Thu, 7:30pm to 8:30pm

Pilates

Lifestyle Studio
Thu, 7:30pm to 8:30pm
Sun, 11:00am to 12:00pm

Zumba Gold*

Lifestyle Studio
Wed, 8:00pm to 9:00pm

Functional Training

Lifestyle Studio
Wed, 7:00pm to 8:00pm
Sat, 11:00am to 12:00pm

RECREATION



Karaoke Night**

Aranda Lounge
Thu, 12:00pm to 11:00pm



Mahjong & Cards

Mahjong Rooms (Daily)
Sun - Thu, 12:00pm to 11:00pm
Fri, Sat & Eve of PH, 12:00pm to 12:00mn



OCC Social Saturday

Sports Hub
10:00am to 12:00pm
8 Sep & 13 Oct



SIG - Orchid Bulls (Darts)

Aranda Lounge
Tue, 8:00pm to 10:00pm
Thu, 8:00pm to 10:00pm



Scratch-It-To-Win-It Night*

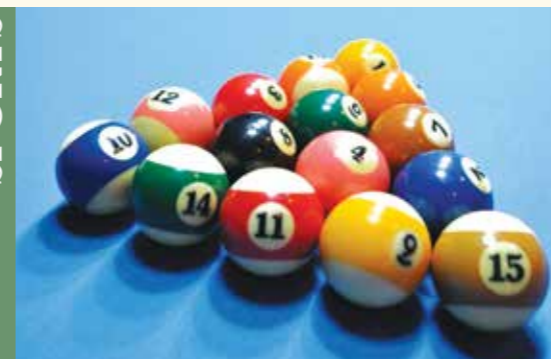
Sports Hub
7:00pm to 10:00pm
28 Sep & 26 Oct



SIG - Rummy-O*

Aranda Lounge
7:00pm to 9:30pm
13 Sep & 11 Oct

SPORTS



SIG - Black 8 (Pool)

Aranda Lounge/Sports Hub@OCC
OCC Black 8 Training
Sat, 3:00pm to 6:00pm

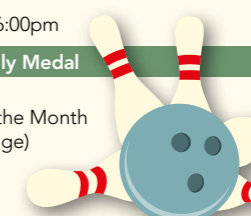
Bi-Monthly Cue Challenge
Last Monday of Odd Months, 7:00pm onwards



SIG - Bowling

Orchid Bowl
Sat, 3:00pm to 6:00pm

Bowling Monthly Medal
Orchid Bowl
2nd Saturday of the Month
(subject to change)



Simply Scuba (Scuba Diving)

Olympic Pool
Tue, 7:30pm to 9:00pm
Sat and Sun, 11:00am to 4:00pm



Aqua Aerobics

Olympic Pool
Thu, 7:00pm to 8:00pm
8:00pm to 9:00pm



Celestial
The Star Diamond

when our stars align

love shines brightest like the world's first 73-facet starburst diamond



THE AUGUST BALL

Saturday, 4 August 2018

The Club's annual August Ball drew more than 400 dance enthusiasts dressed to the nines. Dancers were kept hyped up through the night for the signature dance event as they spun across the Grand Ballroom along with the great mix of ballroom and social dance music played by the live band 'Lynn and the Lovebirds' and DJ Dennis. The dance floor was bursting with energy as dancers displayed their splendid dance moves with éclat. Everyone mingled with each other amidst smiles shared and jokes cracked as they relished an eight-course dinner. It was an enjoyable evening for all! We look forward to seeing everyone next year!



Live Band 'Lynn and the Lovebirds' playing a repertoire of songs.



OCC Dance Class Instructor, Sim Han Hoon (left) with his dance partner.



Members Mr. & Mrs. Tai dancing along to the music.



A display of elegant and graceful dance moves with poise.



Lucky Draw prize presented to OCC Member, Kenneth Low (left) by Head of S&R/F&B, Cristo Fong (right).



Excited dancers getting ready to take over the dance floor!



Dancers over the moon during a whole night of fun!

24TH SUPER SPRINT SERIES

Saturday, 23 June 2018

The quarterly swim meet drew more than 200 swimmers, aged between 5 to 62 years old, from 13 swim schools. Enthusiastic swimmers raced in different swim categories and completed the meet with the freestyle kick. Spirits were not dampened despite the rain at the start of the event. Accompanied by relentless cheers and motivation from spectators, a total of 9 records were broken in the closely contested races. All the swimmers had a splashing good time!



ACC GM Toh Poh Kuan (3rd from right) interacting with Mdm. Anna Shmeleva (2nd from left) and her children who participated in the event.



Great day of bonding for families and friends.



Kids overjoyed at receiving their hard-earned gold medals!



Executing the strokes with perfection.



5TH ACC-OCC BOWLING CHAMPIONSHIP

Sunday, 15 July 2018

Our annual ACC-OCC Bowling Championship held at OCC's Orchid Bowl drew more than 100 bowling enthusiasts from the OCC & ACC family. The intense event rolled off with the Team event where participants competed in teams of three, followed by a delightful lunch at Aranda Lounge. The event then concluded with the Individual event. Bowlers played their hearts out and hundreds of brilliant strikes and over ten thousand pinfalls were witnessed on this eventful day.



Bowlers giving their best shot and conquering their personal bests.



Hip Hip Hooray to a great day of bowling!

High-five for the streaks of excellent strikes.

OCC bowlers fought hard and the OCC Team, consisting of Mr. Jeremiah Tan, Mr. Patrick Phua and Mr. Eric Chua, clinched the 5th position in the Team Category. Special mention to Ms. Jenny Oon and Mr. Toh Kay Seng for standing out among the experts and emerging victoriously as the 3rd and 5th position winners in the Individual Category respectively. Well done to all the bowlers!



ACC General Manager Toh Poh Kuan (standing, left) with bowlers enjoying their lunch.



OCC Bowling SIG with Bowling Convenor, Mary Tan (seated, centre).



OCC Bowling SIG Captain, Jeremiah Tan (left) receiving the Team Category 5th position prizes from ACC House Committee Chairman, Tan Chai Kun (right) on behalf of his team.

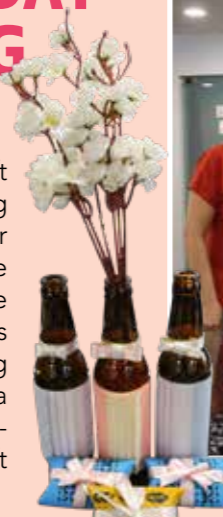


Mr. Toh Kay Seng (left), 5th position winner in the Men's Individual Category.

SOCIAL SATURDAY - GIFT WRAPPING

Saturday, 14 July 2018

A personalised gift-wrapping craft session in July saw 12 members having a great time painting on toilet paper rolls and turning them into attractive gift boxes. They also learnt the techniques of making DIY gift bags using coloured paper and turning simple beer bottles into vases with a personal touch. Everyone had a fun-filled morning creating customised gift boxes for their loved ones!



Members doing DIY crafts under the guidance of our friendly staff.



Members Mr. & Mrs. Tai with their unique gift bags!

SOCIAL SATURDAY - HEALTHY LIVING SPECIAL

Saturday, 11 August 2018



Twenty-three participants joined us for a sporty Saturday morning in August's Social Saturday series on Healthy Living. Led by our Senior Fitness Instructor, Akmal, the Gym team imparted practical knowledge and tips on leading a healthy and active lifestyle to all the participants. After an hour's talk on nutrition for good health with demonstrations of simple exercises, everyone got moving to sweat it out with an energetic session of functional training. It was an invigorating morning for all as they paved their way towards a healthier tomorrow.



Instructors demonstrating the proper exercises.



Participants trying out the exercises firsthand.

SCRATCH-IT-TO-WIN-IT NIGHT

Friday, 22 June & 27 July 2018

The June and July events drew 68 and 72 members respectively. After a satisfying meal, members enthusiastically dived right into the exciting game that calls for luck. Everyone spent a great Friday evening with friends over this fun bingo-like game. Congratulations to all lucky winners and we hope to see you next month!



Beaming smiles from the winners, Mdm. Leck Ee Gek (left) and Mr. John Tai (right).



Members having fun mingling with each other.

RUMMY-O

Friday, 13 July & 10 August 2018

More than 40 members turned up for July and August's Rummy-O and engaged in an entertaining brain-teaser night that paired fun with strategy. Excitement kicked in when a player was randomly selected to win the mystery prize at the end of the event. We thank all participants for an evening of spontaneous interaction and congratulations to the winners who walked away with awesome prizes.



The game that promotes active thinking and brain performance.



1st place winner, Mr. Ang Oo Soon.



DIABETES PREVENTION TALK

Thursday, 28 June 2018

Thirty-eight members joined us at Aranda Lounge for an educational talk that enlightened them on ways to stay free from diabetes. Useful information including how to identify the common warning signs of diabetes and the secrets to reversing diabetes were imparted to all the participants. Everyone spent an enriching evening with Dr. Melvin Look from the PanAsia Surgery Group, who shared his knowledge generously.



Participants are all ears at the talk!



Member Doris Sim with her goodie bag.



Dr. Melvin Look interacting with the enthusiastic members.

WILL PLANNING TALK

Friday, 20 July 2018

This July, a Will Planning Talk was organised and 38 members turned up for the talk by Mr Hayden Chng from Family Legacy. Through the session, members acquired professional and practical knowledge on Will planning – the importance of having a valid Will and the things to consider when drawing up a Will. Everyone benefitted immensely from not only the speaker, but also one another through a vibrant Q&A session.



Members actively asking questions.



The speaker personally attending to members' queries.



Enjoying the talk together.

LASTING POWER OF ATTORNEY TALK

Thursday, 2 August 2018

Joining in for the Lasting Power of Attorney (LPA) talk given by PFP Legacy's representatives were 30 members, who were engaged in an informative talk covering a variety of related topics – different powers that can be vested in the appointed donees, the extent and limitations of the powers vested, as well as the different ways one's donee(s) can act. All in all, it was an interesting and thought-provoking session for members to understand more about LPA and clear their doubts.



Members enjoying their refreshments before the talk.



FITNESS PROGRAMMES



Functional Training

Group circuit training programme that involves training the body for daily life activities, with exercises such as push-ups, squats and more. The fun calorie-burning workouts improve overall strength, mobility and endurance!

Day & Time : Every Wednesday, 7pm to 8pm
Every Saturday, 11am to 12pm

Venue : Functional Training Area & Lifestyle Studio

Fee* : \$110 (OCC Member)
\$120 (NTUC Member)
\$130 (Guest)

*Fees are for unlimited sessions per month, subject to GST

Kickboxing

Enjoy high-intensity cardio and strength building drills in a highly motivating group environment to boost your metabolism. Sweat it out and learn proper techniques to achieve a leaner body and healthier state of mind. Suitable for people of any fitness level!



Day & Time : Every Friday, 12pm to 1pm
Every Sunday, 3pm to 4pm

Venue : Lifestyle Studio
Fee* : \$50 (OCC Member)
\$55 (NTUC Member)
\$60 (Guest)

*Fees are for 4 sessions per term, subject to GST

Taekwondo

Taekwondo is a Korean martial art, which emphasises on head-height kicks, jumping and spinning kicks, and fast kicking techniques.



Day & Time : Every Friday, 7:30pm to 9pm

Venue : Lifestyle Studio
Fee* : \$105 (OCC Member)
\$110 (NTUC Member)
\$115 (Guest)

*Fees are for 3-month basis per term, subject to GST



Pilates

Benefits include: Increasing muscle tone and endurance, developing balance and coordination, improving posture and alignment, boosting core strength and stability, heightening body awareness, and relieving stress and back pain.

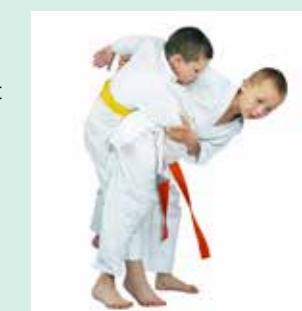
Day & Time : Every Thursday, 7:30pm to 8:30pm
Every Sunday, 11am to 12pm

Venue : Lifestyle Studio
Fee* : \$100 (OCC Member)
\$105 (NTUC Member)
\$110 (Guest)

*Fees are for unlimited sessions per month, subject to GST

Judo Kids (4-12 years old)

Japanese martial art that emphasises balance, movement and timing. Targeted at children aged 4 years and older, this programme aims to impart children with self-defence techniques and instil self-discipline and respect for others.



Day & Time : Every Tuesday, 4:30pm to 5:30pm

Venue : Lifestyle Studio
Fee* : \$80 (OCC Member)
\$85 (NTUC Member)
\$90 (Guest)

*Fees are for 4 sessions per term, subject to GST

Karate

As an ancient Japanese art of self-defence, Karate is a great way to maintain good health and is suitable for anyone aged between 5 to 70 years old. It involves good cardio exercises, joints and muscle development, and bones and tendon conditioning.



Day & Time : Every Sunday, 12pm to 1pm

Venue : Lifestyle Studio
Fee* : \$180 (OCC Member)
\$190 (NTUC Member)
\$200 (Guest)

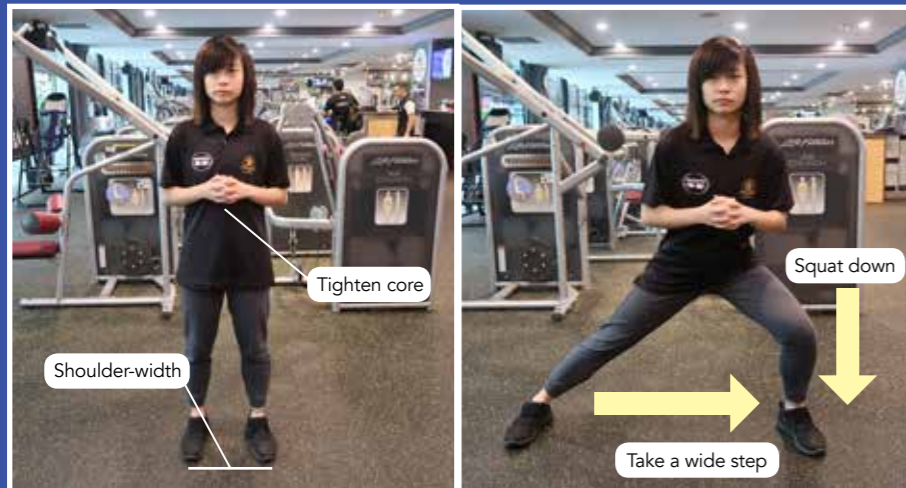
*Fees are for 10 sessions per term, subject to GST

* All Classes are subject to changes by respective instructors.

For enquiries and registration, please call Gym at 6750 2199 or email sports@orchidclub.com

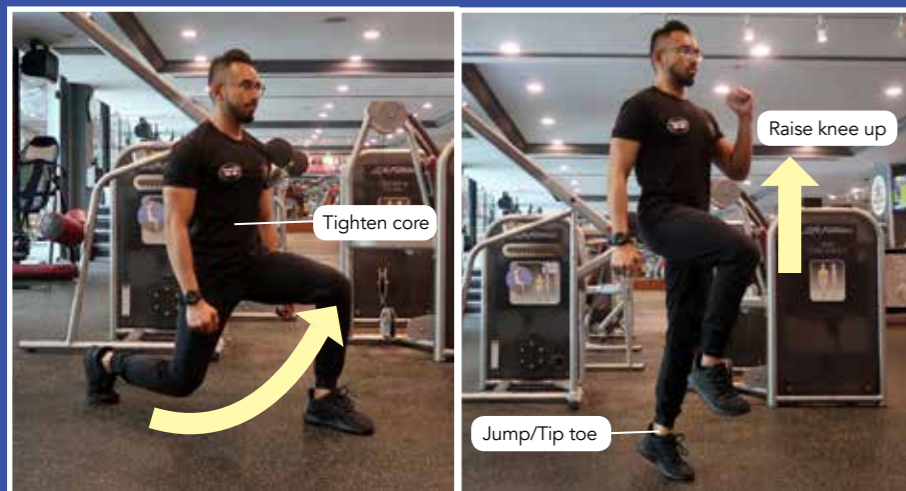
THE TRIPLE-30 FUNCTIONAL CIRCUIT

Complete all three exercises in a row (circuit-style), for 30 seconds each.
Repeat the circuit for a total of 4 rounds, with only 30 seconds of rest in between rounds.



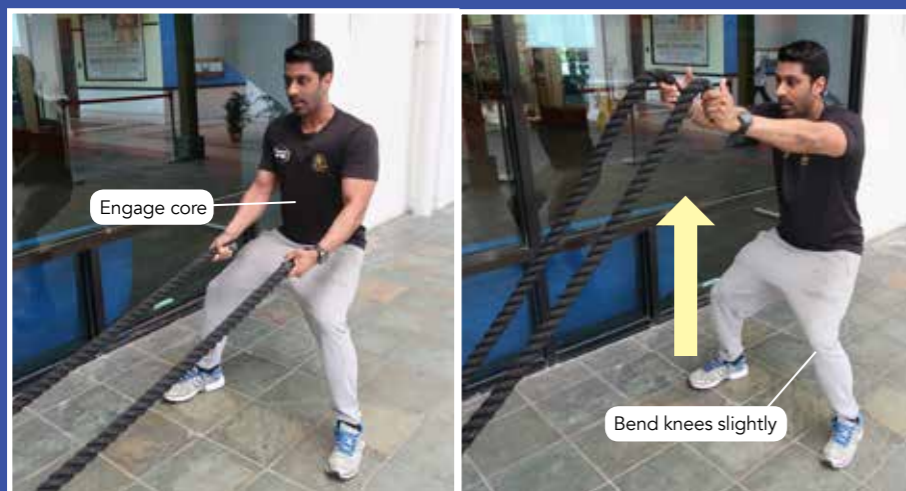
1. Lateral Lunge

Keep legs shoulder-width apart. Squat with pivot leg and take a wide step to the side with the other leg before returning to starting position.



2. Reverse Lunge Knee Lift

Perform a reverse lunge. From a lunge position, jump up vertically (or tip toe) and lift one leg as high as you can.



3. Double-Arm Slam Battle Rope

Hold the rope handles and stand with your legs slightly wider than shoulder-width. Engage your core and bend your knees while simultaneously swinging your arms up and down to create a wavelike motion with the rope.

To find out more about our Personal Training Programme, please call Gym at 6750 2199 or email sports@orchidclub.com

Screening and Prevention of Digestive Cancer Talk

Stomach and colorectal cancers are among the top 10 causes of cancer deaths in Singapore. Proper screening allows us to detect very early stage stomach and colorectal cancers even though there are no symptoms at all. Prevention and treatment of these digestive cancers at an early stage offers a very good chance for cure. Join us for this talk to find out the popular ways of screening for digestive cancers and discover secrets to prevent these cancers.

Date : Tuesday, 18 September 2018
Time : 7pm to 9pm
Venue : Aranda Lounge
Fee* : Free (OCC/ACC Member)
: \$6+ (Member's guest)

Closing Date: Wednesday, 12 September 2018

* Light refreshments are provided. Pre-registration is required.
Talk will commence with a minimum of 30 pax.
Limited seats available. Reserve your seats now.



Dr. Melvin Look

- Director of PanAsia Surgery in Mount Elizabeth Orchard Hospital, Mount Elizabeth Novena Hospital and Parkway East Hospital
- Consultant Surgeon in Gastrointestinal, Laparoscopic and Obesity Surgery
- Graduated with MBBS from the National University of Singapore and completed his Fellowship in Surgery with the Royal College of Surgeons Edinburgh and the Royal College of Surgeons Glasgow

A certified dietician will be available to provide feedback on health supplements

For enquiries and registration, please call Aranda Lounge (opens at 12pm daily) at 6750 2121 or email social@orchidclub.com

25TH SUPER SPRINT SERIES SWIMMING CHALLENGE

22 September 2018 (Sat)
7:30am @ Olympic Pool
(Registration and warm-up)

Summer's here and it's the perfect time to join in for our refreshing swimming event! Excitement and pure fun is guaranteed!

Age Groups:

Single-age group from 6 years old & under to 12 years old
13 – 19 years old | 20 – 29 years old
30 – 39 years old | 40 – 49 years old
50 years old & above

Categories : 50m Butterfly, Backstroke, Breaststroke and Freestyle

Closing Date : 2 September 2018 (Sun)

	Registration Fee*	Event Entry Fee*
OCC/ACC Member	FOC	FOC
NTUC Member	\$4	\$4
Guest	\$5	\$5

*Fees are subject to prevailing GST.

For enquiries and registration, please call Sports Counter at 6750 2122 or email sports@orchidclub.com

LEARN TO PLAY DARTS



SEPTEMBER & OCTOBER SPECIAL

Learn the rules of a proper dart game and find out the secret techniques to hit the bullseye!

Days : Tuesdays / Wednesdays / Thursdays
Time : 7pm onwards
Venue: Aranda Lounge

Equipment is provided. Pre-registration is required. Limited slots available. Sign up with us today.

Exclusive to and complimentary for OCC/ACC members.

For enquiries and registration, please call Aranda Lounge (opens at 12pm daily) at 6750 2121 or email social@orchidclub.com

Engineered for the best true wireless calls and music experience



Jabra Elite 65t

SGD 248
 U.P. : SGD 268



1. IP55 rated with 2-year dust warranty against water and dust*
2. Personalize your music with a customizable equalizer
3. True wireless stability to reduce call and music dropouts
4. Superior sound with unique 4-microphone technology
5. One-touch access to Amazon Alexa**, Siri®, and Google Assistant
6. Up to 5 hours battery, 15 hours charging case

*Registration required with the Jabra sound+app
 **Operating system dependant



OCC members are entitled to purchase the Jabra Elite 65t at gowireless.com.sg at \$248.00 (U.P. : \$268.00). Simply enter the discount code '3TEN65T2018' when carting out to enjoy the discount. Promotion is valid from 10 August to 30 September.

Jabra, GN Audio is the official audio sponsor for 3Ten Run Orchid Country Club in 2018
 Please write to clim@jabra.com if you have any enquiries

GN Making Life Sound Better

7 Days

Refit Getaway @ Orchid Lodge

Enjoy a one-week stay in our Deluxe Room at only \$1000 nett*.

*Terms & Conditions apply.



Visit www.orchidclub.com for more details.

For enquiries and reservations, contact 6750 2100 or roomsales@orchidclub.com.

Planning how best to sleep in comfort during your home renovation?

BOOK 2 PACKAGES (12 NIGHTS) AND ENJOY THE **13TH NIGHT FREE!**



September to October 2018 Promotions at Par Lounge

CHIVAS REGAL 18YRS
\$168⁺⁺
 PER BOTTLE
 (U.P. \$230⁺⁺)
\$298⁺⁺ FOR 2 BOTTLES
 (U.P. \$460⁺⁺)



BALVENIE 12YRS
\$128⁺⁺
 PER BOTTLE
 (U.P. \$159⁺⁺)
\$228⁺⁺ FOR 2 BOTTLES
 (U.P. \$318⁺⁺)

STRONGBOW APPLE CIDER
\$38⁺⁺ FOR 5 BOTTLES
 (U.P. \$45⁺⁺)



For enquiries, please call Par Lounge at 6750 2204. Par Lounge is located at Golf Clubhouse (Level 2)

PURE. DISTANCE.

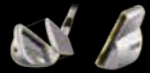
NEW **i500**

OCC Members enjoy an Introductory Offer of 25% Discount on the New i500 Iron!



TRUE INNOVATION.

The new i500 iron. Its massive distance and towering ball flight come from a forged face and metal-wood-like construction. Its look appeals to players who put a premium on performance. Get fit today or visit ping.com



PING PLAY YOUR BEST

OCC Members enjoy 20% to 30% discounts on regular-priced items and custom-fitted products!

Promotion is valid from 1 September to 31 October 2018 and available exclusively at PING@OCC, Driving Range #01-03. Not to be combined with other vouchers or promotions. T&Cs apply.

HEALING Touch Promotion

CARING HANDS DIVINE TREATS

Book a 1.5-hour body massage session and any 30-min body scrub to enjoy 15% discount.

Total duration: 2 hours

Protect and nourish your skin as without regular exfoliation, you can end up with clogged pores which block moisture from getting into the deeper layers of your skin.

Choose from a selection of body scrubs that help to get rid of the dead skin cells and enjoy a smoother skin.

- Body Scrubs:**
- Ginger Sea Salt
 - Rose Sea Salt
 - Lavender Cream
 - Herbal Citrus Sea Salt
 - Apple & Aloe Vera
 - Coffee Anti-Cellulite

OCC Members enjoy 10% discount on all massage, facial, and slimming services and packages!

Specially for OCC Members! Promotion is valid till 31 Oct 2018



Call 6715 1515 (extension 1) "ask for OCC Promotion"

Terms & conditions

1. Exclusively at Healing Touch, Orchid Country Club, #01-33A (beside Gym)
2. OCC memberships must be presented at counter to enjoy this promotion
3. Each member is entitled to this promotion ONCE



lumea Western Australia

Eat, drink & unwind at our home away from home.

Until 31 December 2018, we are offering all Orchid Country Club members a LIMITED SPECIAL OFFER. Up to 20% off our published rates + Welcome Pack on arrival! Simply quote your membership number when sending us your enquiry.

LUMEA BULL CREEK



Chic, cosy, and perfect for couples – Lumea Bull Creek is a newly built studio apartment that accommodates up to three adults comfortably. Fully-equipped with all the creature comforts and perfectly located (only 15 minutes to Perth CBD, picturesque Fremantle, beaches & numerous golf courses). Holidaying has never been so easy!

THE PROPERTY

- Beds: 1 King, 1 sofa bed
- Baby-friendly (cot, high chair, cutlery, play mat)
- Fully-equipped kitchen with complimentary milk, coffee, tea, and condiments
- Private garden, smoking area, and parking available
- Laundry, complimentary detergent & softener
- Complimentary shampoo & shower gel

PAN-WEST

We serve you GOLF, all round

@ Driving Range

OCC Members enjoy 5% discount on regular-priced items!



FREE Worth \$49

FREE Adidas Webbing Belt (BC2227) with any 2 pcs of Adidas apparel purchase (*Regular priced items only. While stocks last.)



20% OFF



SUN MOUNTAIN H2NO Series Golf Bags (U.P. \$339 - \$419)

OFFERS VALID TILL 31 OCT 2018. EXCLUSIVELY FOR ORCHID COUNTRY CLUB MEMBERS

*Offers valid while stocks last. Terms and Conditions Apply. *For any enquiries, please call 6752 3110.

www.pan-west.com | golf@pan-west.com | PanWestSingapore

UMRAH/DUBAI LUCKY DRAW

Two winners will be drawn every month!



1 FOR 1 INTERNATIONAL BUFFET
1st SEP - 31st DEC 2018
LUNCH | DINNER
\$40++ \$45++
MON TO FRI MON TO THURS
(12PM TO 2:30PM) (6:30PM TO 10:00PM)
WEEKEND LUNCH
\$45++ SAT, SUN & PH
(12PM TO 2:30PM)
CHILD @ \$15++ (3 TO 7 YEARS OLD)

*DINNER PROMOTION NOT VALID FOR PUBLIC HOLIDAYS & EYE OF PUBLIC HOLIDAY



LOCAL ASIAN | WESTERN | MEDITERRANEAN | INDIAN | SEAFOOD
- LIVE STATIONS INCLUDE PASTA, SATAY, PIZZA, CHICKEN KEBAB, TANDOORI AND NOODLES - WITH MORE THAN 35 DISHES!

FOR RESERVATIONS PLEASE CALL **6555 2165**

ORCHID COUNTRY CLUB, #01-21, SOCIAL CLUB HOUSE, SINGAPORE 769162

100% MUSLIM OWNED | FREE CAR PARK | BOWLING FACILITY | CHILDREN'S PLAY AREA AVAILABLE | NTUC AND MUCH MORE!

LUMEA MORLEY



With 4 bedrooms and 2 bathrooms, Lumea Morley comfortably sleeps up to 10 adults – kids are welcome as well. This spacious and newly renovated vacation home is conveniently located just 15 minutes from Perth's best golf courses, tourist attractions, and International/Domestic airports.

THE PROPERTY

- Beds: 1 King, 1 Queen, 2 Doubles, 2 Singles
- Baby-friendly (cot, high chair, cutlery, play mat)
- Fully-equipped kitchen with complimentary milk, coffee, tea, rice cooker and condiments
- Spacious outdoor barbecue & entertainment area
- Mahjong, board games, karaoke, children's toys & books
- Laundry, complimentary detergent & softener
- Complimentary shampoo & shower gel
- Free, secured parking for 4 cars

Check us out online! View our 5-star ratings as seen on Airbnb and Tripadvisor: www.airbnb.com.au/rooms/18360753 (Lumea Bull Creek) | www.airbnb.com.au/rooms/19643776 (Lumea Morley)

Email us at bookings@lumeavacationhomes.com

Upcoming ACC events specially extended to OCC members!

SEPTEMBER

2D1N Kukup Kelong Trip



Once a small sleepy fishing village, did you know that Kukup is a century old? Situated in the Pontian district of Johor, Kukup is known for its open-air restaurants built on stilts over the water. We will visit the local fish farm and shop for the delicious local products such as Belacan and Cinchaluk. The main draw of Kukup is the fresh and cheap seafood delicacies. Gather your family and friends for a great weekend to experience what Kukup has to offer.

Date : Saturday & Sunday, 15 & 16 September 2018
 Venue : Assemble at ACC Lobby at 6:30am
 Fee : \$150 (OCC Member), \$155 (Union Member), \$165 (Guest)
 Min Pax : 25 persons
 Closing Date: Monday, 10 September 2018

Mid-Autumn Lantern Competition for Kids



What better way to celebrate the Mid-Autumn festival than with family? We have lined up a number of activities for the children and their families. Families will compete for the best-looking lantern by making their own lanterns. Children will participate in the Pomelo Peeling Competition. There will be snacks and complimentary mini mooncakes for all. The celebration will culminate in a stroll in Pasir Ris Park with the Lanterns we have made!

Date : Sunday, 23 September 2018
 Time : 4pm - 8pm
 Venue : Kids' Playroom
 Fee* : \$15 (OCC Member's Child), \$20 (Union Member's Child), \$25 (Guest's Child)
 Min Pax : 20 persons
 Closing Date: Sunday, 16 September 2018

*Child is between 3 to 12 years old. All materials will be provided.

OCTOBER

Health Talk on Nutritional Immunology



Nutritional Immunology focuses on the age-old saying "you are what you eat". It is the study of the link between nutrition and our immune systems. We have little understanding on joint disease and often consume supplements. Are supplements really effective? Are the packaging labels misleading? Join us to get a deeper understanding of how nutritional immunology lifestyle and superfood can help nourish our joints and bodies.

Date : Saturday, 13 October 2018
 Time : 2pm - 4pm
 Venue : Tulip Room (2nd Level, Clubhouse)
 Fee : Free (OCC Member), \$2 (Union Member), \$6 (Guest)
 Min Pax : 10 persons
 Closing Date: Saturday, 6 October 2018

Introduction to Thermomix® Cooking Class



With today's fast-paced lifestyle, we cook much lesser than we used to. Grandmother's homemade bread, jams, herbal soups are just a thing of the past. The fast and readymade food is unhealthy. Diseases and obesity is at an all-time high. It is time to get back to the basics - more home cooking and healthier food! Get started with a new cooking experience with Thermomix®. Preparation time is cut down from minutes to seconds and cooking is gentle, thus ensuring the vitamins, minerals and flavours are retained without harmful additives, artificial flavours, colours and preservatives. Thermomix® is the perfect cooking appliance for preparation of nutritious food for babies, the sick, the elderly, busy working ladies, body builders and everyone who wants healthy food!

Date : Sunday, 21 October 2018
 Time : 2pm - 4pm
 Venue : Ban Heng Seafood Restaurant Pavilion
 Fee : Free (OCC Member), \$2 (Union Member), \$6 (Guest)
 Min Pax : 10 persons
 Closing Date: Sunday, 14 October 2018

For enquiries and reservations, please contact **Ms Linda Yeo** at **6584 6811 ext 30** or email **linda.yeo@arandaclub.org.sg**.



ENERGY
 WITHOUT LIMITS
 HYPERGEL-SAI



#ASICSHYPERGEL



STAFF NATIONAL DAY OBSERVANCE CEREMONY

Tuesday, 14 August 2018

Faces glowing with pride were seen on OCC staff dressed in red and white, as everyone came together to sing the National Anthem and recite the pledge at the annual National Day Observance Ceremony. Mirthful voices rang through the Aranda Lounge during the sing-along session of nostalgic National Day songs, which was followed by a cake-cutting ceremony.



Celebrating Singapore's 53rd birthday with the August babies!

Decked out in red and white outfits to get into the National Day spirit.

Motivating & Inspiring Us To Do More And To Serve You Better



Social Saturday session was well organised and specially catered for kids – when the staff realised some activities were too complicated, they prepared extra activities for them. The whole environment is very friendly and warm.

Ng Chee Hian
Member



It's been a great 7D6N stay at the Orchid Lodge! Thank you to the staff for faithfully cleaning the room. Thank you to Juraida (Front Desk) for her friendliness when we first came to make payment and for our stay here. We love the swimming pool, the gym and the complimentary bowling vouchers.

Eliza Yeh
Guest

My friends and I would like to commend the Club for organising the Tea Dance Party on 15 June 2018. Ying Hong and her team worked very hard to make sure that the party was well run; there was ample food, and together with the great music provided by DJ Dennis, the party was a resounding success! My friends and I had a wonderful afternoon, and we look forward to more of such events soon.

Thank you once again, Ying Hong and her team, and keep up the good work!

Regards,
Elizabeth Lim
Member



Klyne, Akmal and Adam are knowledgeable and competent in their field of work. Excellent service and very helpful in helping us build our strength and physique. Thank you! I feel stronger and more flexible, and am now less prone to injuries. Would definitely continue this training long term.

Julia Kwuek
Guest



Enjoy! Your OCC membership has its privileges. Not just at your home club, but also across more than 80 reciprocal and access golf and social clubs in 20 countries spanning five continents – Asia, Australia, Africa, South America and Europe! Feel at home, even when you are away from home!

GOLF CLUBS

ARGENTINA
SAN ANDRES GOLF CLUB
 Tel: 54-11-4752-3994
 www.sagc.org.ar

AUSTRALIA
CONCORD GOLF CLUB, SYDNEY
 Tel: +61 2 9743 6111
 www.concordgolfclub.com.au/cms/
LATROBE GOLF CLUB, VICTORIA
 Tel: 613-9497-1622
 www.latrobegolf.com.au
PACIFIC DUNES GOLF CLUB, NEW SOUTH WALES
 Tel: 02-4916-0500
 www.pacificdunesgolf.com.au
THE EASTERN GOLF CLUB, VICTORIA
 215 Victoria Road, Yering, Victoria, Australia, 3770
 Tel: +61 3 9739 0110
 Fax: +61 3 9739 0255
 Email: info@easterngolfclub.com.au
THE GRANGE GOLF CLUB, SOUTH AUSTRALIA
 Tel: 08-8355-7111
 www.grangegolf.com.au
THE VINES GOLF & COUNTRY CLUB, PERTH
 Tel: 61-89297 3000
 www.vines.com.au
THE WESTERN AUSTRALIAN GOLF CLUB
 Tel: 61-8-9349-1988
 www.wagolfclub.com.au
YARRA YARRA GOLF CLUB, VICTORIA
 Tel: +61 3 9575 0575
 http://www.yarrayarra.com.au/cms/

BRUNEI
ROYAL BRUNEI GOLF & COUNTRY CLUB
 Tel: 673-261-1582/1797/2915

PANTAI MENTIRI GOLF CLUB
 Tel: 02-791-021
 www.pantaiinentirigolfclub.com

THE EMPIRE HOTEL & COUNTRY CLUB
 Tel: 673-241-8888
 www.theempirehotel.com

CHINA
BFA INTERNATIONAL CONVENTION CENTER GOLF CLUB
 Tel: 86-898-62966008
 Fax: 86-898-62966009
 www.boaoholiday.com
HAINAN WENCHANG GOLF CLUB
 Tel: 86-898-6362-9999
 www.wenchanggolf.com

Reciprocal Clubs

MISSION HILLS GOLF CLUB, SHENZHEN
 Tel: 86-755-2802-0888
 www.missionhillschina.com

FRANCE
GOLF & COUNTRY CLUB DE FOURQUEUX, PARIS
 Tel: 33-1345-14147
 www.golffdefourqueux.com

INDIA
DELHI GOLF CLUB, DELHI
 Tel: 9111-243-60002
 www.delhigolfclub.org

KARNATAKA GOLF ASSOCIATION, BANGALORE
 Tel: 9180-4009-0000/01
 www.kga.in

WILLINGDON SPORTS CLUB, MUMBAI
 Tel: 91-990-889-9111
 www.willingdonsportsclubgolf.golfgaga.com

INDONESIA
BUKIT DARMO GOLF, SURABAYA
 Tel: 62-31-732-5555
 www.bukitdarmogolf.com

CIPUTRA GOLF, CLUB & HOTEL, SURABAYA
 Tel: 62-31-741-2555
 www.ciputra.com

FINNA GOLF & COUNTRY CLUB RESORT, PASURUAN
 Tel: 62-34-363-4888
 www.finnagolf.com

PALM SPRINGS GOLF & COUNTRY CLUB, BATAM
 Tel: 62-778-761222/761219
 www.palmsprings.com.sg

PALM SPRINGS GOLF & COUNTRY CLUB, KARAWANG COURSE
 Tel: 62-267-644730/33/42
 www.sedanagolf.com

TAMAN DAYU GOLF CLUB & RESORT, PASURUAN
 Tel: 62-34-363-3411
 www.tamandayu.com

ITALY
COUNTRY CLUB CASTELGANDOLFO, LAZIO
 Tel: 06-9312301
 www.countryclubcastelgandolfo.it

ROYAL GOLF LA BAGNAIA, SIENA
 Tel: 39 (0) 577 81 30 00
 www.labagnaiaresort.com

MALAYSIA
AYER KEROH COUNTRY CLUB, MALACCA
 Tel: 606-233-2000
 www.akcc.com.my

NOTE: Please note that the Reciprocal & Social Club listing will be published in alternate issues. The full listing is also available on OCC website and at the Golf Clubhouse.

BUKIT JAWI GOLF RESORT, PULAU PINANG
 Tel: 604-5820759/0760/0761
 www.bukitjawi.com.my

DALIT BAY GOLF & SPA, SABAH
 Tel: 60-88-791-188
 www.dalitbaygolf.com.my

DAMAI GOLF & COUNTRY CLUB, SARAWAK
 Tel: 60-82-846-088
 www.damaigolf.com

IBAI GOLF & COUNTRY CLUB, TERENGGANU
 Tel: 609-639-2111

KELAB GOLF SARAWAK
 Tel: 60-82-440-966
 www.kgswak.com

KELAB GOLF SULTAN ABDUL AZIZ SHAH, SELANGOR
 Tel: 603-5510-5872
 www.kgsaas.com.my

KELAB RAHMAN PUTRA MALAYSIA, SELANGOR
 Tel: 603-6156-6870
 www.krpm.com.my

KOTA PERMAI GOLF & COUNTRY CLUB, SELANGOR
 Tel: 603-5122-3700
 www.kotapermai.com.my

NILAI SPRINGS GOLF & COUNTRY CLUB, NEGERI SEMBILAN
 Tel: 606-850-8888
 www.nilaispringsgolf.com.my

SABAH GOLF & COUNTRY CLUB
 Tel: 60-88-247-533
 www.sgccsabah.com

TROPICANA GOLF & COUNTRY RESORT BERHAD, PETALING JAYA
 Tel: 603-7804-1531
 www.tropicanaagolf.com

NEW ZEALAND
MANOR PARK GOLF CLUB, WELLINGTON
 Tel: 64-4563-8794
 www.manorparkgolf.co.nz

PUKEKOHE GOLF CLUB, AUCKLAND
 Tel: +09-294-8810
 www.pukekohegolf.co.nz

SOUTH AFRICA
THE COUNTRY CLUB JOHANNESBURG
 Tel: 011-202-1600
 www.ccj.co.za

SRI LANKA
ROYAL COLOMBO GOLF CLUB
 Tel: 94-1126-95431
 www.rcgsl.com

VIETNAM
DIAMOND BAY GOLF RESORT, NHA TRANG
 Tel: 65-058-3711-722
 www.diamondbaygolf.com

TWIN DOVES GOLF CLUB, VIETNAM
 Tel: 84-0650-3860-333
 www.twindovesgolf.com

SINGAPORE
KEPPEL CLUB
 Tel: 65-6375-5597
 www.keppelclub.com.sg

SELETAR COUNTRY CLUB
 Tel: 65-6481-4812
 www.seletarclub.com.sg

SEMBAWANG COUNTRY CLUB
 Tel: 65-6751-0320
 www.sembawanggolf.org.sg

SOCIAL CLUBS

CHINA
AMBASSY CLUB, SHANGHAI
 Tel: 021-64379800-281
 www.ambassyclub.com.cn

THE ORIENTAL CLUB, BEIJING
 Tel: 86-10-5820-6668 (Beijing)
 www.theorientalclub.com.cn

THE ORIENTAL CLUB, DALIAN
 Tel: 86-411-8370-6666 (Dalian)
 www.theorientalclub.com.cn

HONG KONG
BUTTERFIELD'S CLUB
 Tel: 852-2968-5555
 www.butterfields.com.hk

KOWLOON CRICKET CLUB
 Tel: 852-3473-7000
 www.kcc.org.hk

UNITED SERVICES RECREATION CLUB
 Tel: 852-3966-8600
 www.usrc.org.hk

JAPAN
TOKYO AMERICAN CLUB
 Tel: 81-03-4588-0381
 www.tokyoamericanclub.org

MALAYSIA
THE RAIN TREE CLUB, KUALA LUMPUR
 Tel: 603-4257-9066
 www.raintree.com.my

Access Clubs

GOLF CLUBS

AUSTRALIA
PEREGIAN SPRINGS GOLF CLUB, QUEENSLAND
 Tel: +617 5471 5471
 www.peregianspringsgolfclub.com.au

THE CUT GOLF COURSE, PERTH
 Tel: +618 9582 4444
 www.the-cut.com.au

CAMBODIA
ANGKOR GOLF RESORT, SIEM REAP
 Tel: 855(0)-63-767-688 / 689
 www.angkor-golf.com/

CHINA
CHONGQING POLY GOLF CLUB
 Tel: 023-6788-3399
 www.chinapolygolfss.com

DALIAN RED FLAG VALLEY GOLF CLUB
 Tel: 86-411-86466666
 www.rfggolf.com

SUN ISLAND INTERNATIONAL CLUB
 Tel: +86 (0512) 5725 7888 (Kunshan)
 +86 (025) 5622 1633 (Nanjing)
 +86 (0512) 6262 9959 (Suzhou)
 +86 (0514) 8750 8288 (Yangzhou)
 www.sunislandclub.asia

WUYI FOUNTAIN PALM GOLF CLUB, GUANGDONG
 Tel: 86-750-393-0777
 www.wuyigolf.com

INDONESIA
NEW KUTA GOLF & OCEAN VIEW, BALI
 Tel: 62-361-8481-333
 www.newkutagolf.com

RANCAMAYA GOLF & COUNTRY CLUB
 Tel: 62-251-824-2282
 www.rancamaya.com

RIVERSIDE GOLF CLUB, BOGOR
 Tel: 62-218-671-533
 www.riverside-golf.com

SOUTHLINKS COUNTRY CLUB, BATAM
 Tel: 62-778-324-128
 Singapore booking office:
 Tel: 65-6278-7079
 www.southlinksgolf.com

TERING BAY GOLF AND COUNTRY CLUB
 Jalan Hang Lekiu, Nongsa Batam - Indonesia
 Tel: 62-778-761 818
 Fax: 62-778-761 801
 www.teringbay.com.sg

JAPAN
TOMISATO GOLF CLUB
 Tel: 81-479-78-0002
 www.tomisatogolf.net

MALAYSIA
BORNEO GOLF & COUNTRY CLUB, SABAH
 Tel: 60-87-861-888

KARAMBUNAI RESORTS GOLF CLUB, SABAH
 Tel: 60-88-411-215
 www.karambunaigolf.com

MERU VALLEY GOLF & COUNTRY CLUB, PERAK
 Tel: 605-529-3300
 www.meruvally.com.my

MOUNT KINABALU GOLF CLUB, SABAH
 Tel: 60-88-889-445

SUTERA HARBOUR GOLF & COUNTRY CLUB, SABAH
 Tel: 60-88-318 888
 www.suteraharbour.com

TAIWA
TIAN MELAKA GOLF & COUNTRY CLUB, MELAKA
 Tel: 606-231-2366
 www.lion.com.my

NATIONAL GOLF COUNTRY CLUB, MIAOLI COUNTY
 Tel: +886-3774-3377

TA KANG SHAN GOLF, KAOHSIUNG COUNTY
 Tel: +886-7636-6411/2/3
 www.tksq.com.tw

TSAI HSING ELITE CLUB, HSINCHU COUNTY
 Tel: +886-3569-2318
 www.the-club.com.tw

THAILAND
ALPINE GOLF CLUB, BANGKOK
 Tel: 662-577-3333
 www.alpinegolfclub.com

ALPINE GOLF RESORT, CHIANGMAI
 Tel: 66-53-880-888
 www.alpinegolfresort.com

CHIANGMAI HIGHLANDS GOLF & SPA RESORT
 Tel: 660-5326-1354
 www.chiangmaihighlands.com

MUANG KAEW GOLF COURSE, BANGKOK
 Tel: 662-740-2693-700
 www.muangkaewgolf.com

LOCH PALM GOLF CLUB, PHUKET
 Tel: 66-7632-1929-34
 www.lochpalm.com

RED MOUNTAIN GOLF CLUB, PHUKET
 Tel: 66-7632-2000-1
 www.redmountainphuket.com

RIVERDALE GOLF & COUNTRY CLUB, BANGKOK
 Tel: 66-2501-2789
 www.riverdalegolfclub.co.th

THE VINTAGE CLUB BANGKOK
 Tel: 662-7073-8205
 www.vintagegolfthai.com

UNITED KINGDOM
FAIRHAVEN GOLF CLUB
 Tel: 01253 736741 / 734787
 www.fairhavengolfclub.co.uk

VIETNAM
SONG BE GOLF RESORT
 Tel: 84-650-755-802/3
 www.songbegolf.com

SINGAPORE
WARREN GOLF & COUNTRY CLUB
 Tel: 65-6586-1245
 www.warren.org.sg

SOCIAL CLUBS

SINGAPORE
ARANDA COUNTRY CLUB
 Tel: 65-6584-6811
 www.arandaclub.org.sg

THE GRASSROOTS CLUB
 Tel: 65-6554 2350
 www.grassrootsclub.org.sg

Members are to produce both their Introduction Card & OCC Membership Card upon arrival at the host club.

APPLICATION PROCEDURES

GOLFING MEMBERS Please obtain your Introduction Card from Golfing Department at 6750 2111/102 or email: golfregistration@orchidclub.com. Terms and conditions apply.

SOCIAL MEMBERS Please obtain your Introduction Card from Membership Department at 6750 2123 or email: membership@orchidclub.com.

PRIVILEGES

CATEGORY	Reciprocal Clubs	Access Clubs
GOLFING	No green fees payable	Discounted green fees
SOCIAL	Golfing dependant on respective club's policy	All social facilities fees payable



Saturday, 6 October 2018

6.30pm to 10pm

Venue: Vanda Terrace (Golf Clubhouse)

Buffet Dinner

Adult Price: \$48nett (OCC Member)

\$58nett (NTUC Member)

\$68nett (Guest)

(inclusive of one complimentary mug of draft beer)

Child Price: \$24nett (5 to 12 years old)

Programme Highlights
Live Band Performance
Stage Games
Lucky Draw

**For enquiries and booking, approach
Hotel Reception counter or call 6750 2100.**